

# Packing List



## Things to Bring:

- 1-2 sweatshirts
- 5 or more pairs of shorts
- 1-2 pairs of long pants
- 5 or more shirts
- 8 pairs of underwear
- 8 pairs of socks
- 2 pair of pajamas
- 1 swimsuit and plastic storage bag
- Lake shoes- no sandals
- 2 pairs of athletic type shoes – no sandals
- rain coat or poncho
- comb or brush and hair ties
- 1 wash cloth and 2 towels (one bath towel and one beach towel)
- toothbrush and toothpaste
- soap and shampoo
- deodorant
- facial tissues
- sunscreen (SPF 30 or higher)
- non aerosol insect repellent
- 1 laundry bag
- stationary/stamped, addressed envelopes and pen/pencil
- book to read
- 1 flashlight with extra batteries
- 1 sleeping bag or sheets and a blanket  
*(Cabins are air conditioned and chilly at night)*
- pillow
- Small back pack for hiking
- Bandana and work gloves (for camp fire)
- hat

Try to pack in only 2 bags (1 duffel with your clothes and gear and 1 bag with your sleeping bag or sheets and blanket and pillow). If needed, you can use your backpack.

## If needed

- Medications and Medication Form(s) – All medications (including Over the Counter Medications) **MUST** be turned in to the Camp Nurse at check-in.
- Personal sanitary items
- Disposable camera

## LEAVE AT HOME (The camp is not responsible for any theft or breakage of such items)

- Electronic devices (CD players, MP3 players, gameboys etc.)
- Cell phones/ pagers
- Knives / Pocket Knives
- Money
- Food (it attracts animals)
- Perfume/ jewelry/fingernail polish

**PARENTS** – Please do not allow your camper to bring food, candy, snacks, etc. Food items attract animals into the cabins... There will be PLENTY of food available during meal times and snack times! *(We will have to confiscate any food items brought by campers and they will not be returned.)*