



Frequently Asked Questions

- **Where is the camp located?**

The camp is located at 6075 State Hwy 155 N., Gilmer, Texas 75644. Driving directions from Interstate 30 are:

Exit from I-30 onto 271 South. Travel through Mt. Pleasant and Pittsburg, and on to Gilmer (18 miles from Pittsburg). Turn left onto HWY 155 North and continue to drive six miles. There will be a green “Camp Gilmont” highway sign on the right side of the highway. Note, the road will go from a single lane to a double lane road, immediately to your left there will be the entrance to Camp Gilmont.

Driving directions from Interstate 20 are:

Exit from I-20 onto 271 North. Travel through Gladewater, and on to Gilmer (14 miles). Turn right onto Hwy 155 North. Turn right onto HWY 155 North and continue to drive six miles. There will be a green “Camp Gilmont” highway sign on the right side of the highway. Note, the road will go from a single lane to a double lane road, immediately to your left there will be the entrance to Camp Gilmont.

- **What time is drop off and/or pick up?**

Both drop off and pick up times are from 2:00pm – 3:00pm. Drop off occurs on Sunday at 2:00pm and pickup is on Friday at 2:00pm.

- **What is the age limit for campers?**

Campers must be between the ages of 7-15 years old.

- **What should I pack?**

Click on the following link for a suggested packing list.

- **Can I bring my cell phone?**

No electronics of any type are allowed at camp. This includes video games, mp3 players, alarm clocks, cell phones, CD players, etc.

- **Is a camper allowed to make or receive telephone calls?**

No telephone calls are allowed while campers are at camp. If you have any questions or concerns before or during camp please use the phone numbers provided in your welcome packet. A staff member will return your phone call at the earliest available break. You may also leave mail with the registrar at camp check-in. Please write the day of the week on the envelope and the staff will deliver your mail to the camper as indicated. This ensures the camper gets mail everyday, rather than having to wait for the standard mail delays.

- **What is the camp address for regular mail?**

The address for standard mail is Camp Gilmont, 6075 State Hwy 155 N., Gilmer, Texas 75644. Attention: Great Gluten Escape Camp.

- **Can I request a cabin-mate?**

Yes, you can request a cabin-mate in the comments portion of your camper registration. Although we try to fulfill every request, there are times where it is not possible. There are no guarantees that all requests will be able to be accommodated.

- **What types of activities will I participate in?**

Camp activities include archery, hiking, canoeing, swimming, cooking classes, preparing a meal over a campfire, crafts, group games, group projects, talent show, dance party and best of all a campfire complete with gluten/dairy free S'mores!

- **Is there a camp nurse?**

Yes, the Great Gluten Escape Camp will provide a full-time RN during the week of camp. The nurse handles all medications and medical needs. Emergency services and medical transportation are available. The nurse will receive all medicine at camp check in. Any special care must be discussed with the nurse prior to registration. For more information about our camp nurse visit: <http://dallasrock.org/nurse.htm>.

- **Is there someone that can give my child their medications?**

There are full-time in-resident registered nurses that dispense all camper medications including injections. Campers will be given their medications by a registered nurse at breakfast, lunch, dinner and bedtime as parents specify. Special medication times other than these will be considered. **Campers must turn in ALL medications to the nurses at camp check-in. The only exception is asthma inhalers and that is at parent's discretion. No other medications are allowed in camper cabins. NO EXCEPTIONS!!!!**

- **Do the volunteer counselors have background checks?**

Yes, all volunteers are background checked by the Great Gluten Escape Camp, Inc. This includes everyone from the board members to the counselors, as long as they are of the age of 18.

- **Can I request a counselor?**

No, counselor requests are not allowed. The limited number of cabins, and the age restrictions for each cabin make it not possible for us to accommodate these types of requests.

- **Where does the food come from?**

A portion of the food is purchased by the camp as it would be for any camp. The special items like bread, pizza crust, cookies, etc, are received through donations from the various manufacturers you purchase your product from.

- **How do I make a partial payment?**

You may make your partial payments by either selecting the following link, or by sending an email to treasurer@greatglutenescape.com and requesting an electronic invoice.

<http://dallasrock.org/ggeregistrationthankyou.htm>

- **What if I need to cancel my reservation?**

In order to cancel your reservation, you must contact the registrar. This may be done via telephone at (972) 727- 4654, or via email to registrar@greatglutenescape.com. Please note that there is a \$100 non-refundable deposit required to secure your campers registration. If you

cancel your registration with the registrar prior to May 1st, then any additional amounts paid, in excess of the deposit, will be refunded. If your cancellation is received after May 1st, then we will assign your reservation to another camper, and there will be no refund of any monies received.